

Ciborium

- If you have been asked to bring the ciborium from the tabernacle please sit where you have quick access to the tabernacle.
- Go immediately to the tabernacle, not offering the Sign of Peace.
- Open the tabernacle, genuflect, remove the ciborium.
- Move immediately to the sanctuary.
- Place the ciborium with lid left on in front of the missal.
- Move to the credence table, sanitise your hands and move into order of your distribution position behind the altar.
- After the distribution of communion, wait to the side of the sanctuary until you are sure all the communion ministers have returned.
- Place the lid on the ciborium if the priest hasn't already.
- Take the ciborium to the tabernacle and place inside, genuflect, close the door of the tabernacle.
- Leave the key in the tabernacle. The sacristan will collect immediately after Mass.

Other Practicalities

- If you have been allocated to distribute on the organ side of the church, please ensure all musicians and singers have received communion before returning to the sanctuary.
- When you have completed distributing communion look to see if you need to assist another queue.

After Mass

- Sacristan will ensure all vessels are washed in warm soapy water.
- If there is no Sacristan for the Mass then the persons who distributed the Body of Christ will undertake this duty.

If you are concerned about your capabilities or the process, please contact Fr Rafal.

If you are concerned about the capabilities of another person refrain from giving critique or criticism unless asked. Refer all concerns to Fr Rafal.

Extra-Ordinary Ministers of Communion Guidelines



ST FLANNAN'S CATHOLIC PARISH

Zillmere

Principles for Effective Distribution

The Eucharist is a memorial of Christ's death and resurrection and a paschal banquet where Christ is eaten, the mind is filled with grace and a pledge of future glory is given to us (Constitution on the Sacred Liturgy (1963) 47).

1. Reverence for God's Presence in the Eucharist.

- Dignity of the process and dress.
- Confidence in movement and gesture.
- Reverent reception of the Sacrament.

2. Distributing the Body and Blood of Christ effectively.

- Knowledge of the pattern of distribution.
- Moving in union with other ministers.
- Clarity of Eucharistic proclamation "The Body of Christ" "Amen" "The Blood of Christ" "Amen".
- Ensure that the cup hygiene is observed.
- Be familiar with the blessing ritual for children and others.
- Respond to any difficulties (e.g. fallen host) with calm reverence.

Parish Guidelines

Before Mass

- Wash your hands prior to Mass using hot, soapy water.
- Arrive 10 minutes before the liturgy. If you have not presented within a reasonable time frame the Coordinator will need to be seeking a replacement to ensure efficient progression of the Mass.
- Sign in and check your distribution position and whether with Chalice or Paten.
- Before taking your seat, a sign of reverence should be made to the altar. This is best done in the form of a profound bow, performed slowly and deliberately from the waist from a standing position. Do not repeat the sign of reverencing the altar when coming forth for communion ministry.
- Please sit close to the front of the church and on the end of the pew for easy exit and to enable you to move promptly into position for ministry.

Communion Ministry Ritual

- During the Sign of Peace, offer one person peace and then move to the side of the sanctuary. Use the hand sanitiser on the credence table and then line up in order of your distribution position behind the altar. The altar servers will join in on the far end. This is to minimise movement on the sanctuary later. You should be in position in time for the Fraction Rite (Lamb of God). There should be no movement once we commence singing Lamb of God and definitely no movement at the Elevation of the Host.
- After the presider drinks from the chalice, the presider will offer each minister the Body of Christ which is to be consumed immediately. The presider will then offer the Blood of Christ and purifier to the ministers of the chalice. After you have consumed from the chalice offer the Blood of Christ to the Ministers/Servers beside you who do not have a chalice.
- It is very important you do not cross the sanctuary from one side to the other to distribute consecrated wine to other Extra-ordinary Ministers. This can become dangerous and distracting for the Presider. Also it is sacred and appropriate to keep movement on the sanctuary to a minimum.
- After everyone has received the Presider will give the patens to the Extra-ordinary Ministers allocated to distribute the Body of Christ.
- When the presider begins to move into position in front of the altar then you move to your allocated position.
- Look welcoming. It is OK to smile. Allow time for each communicant to make their sign of reverence. Then engage each communicant by looking at them and saying clearly, "The Body of Christ" or "The Blood of Christ". Wait for their "Amen". Put the host firmly and gently in their hand.
- When they move away give the next person your full attention. Do not raise the host prior to the person coming to you.
- If you are minister of the chalice, wipe both the inner and outer rim firmly and turn it slightly after each communicant.
- Make sure you bless the children. Please do not touch the child, instead extend your hand and say "May God bless you" or something similar.
- If you run out of hosts, use the ciborium from the altar—you may also need to fill the priest's paten. Alternatively, he may refill your paten.
- When all have received return to the credence table. Ministers with a paten, purify your paten by pouring a little water and swirling it around and then into a chalice to be consumed. Chalice ministers, if possible, consume any consecrated wine left over. Purify your chalice by pouring a little water in the chalice, swirling it around to ensure the consecrated wine is mixed into the water and then consume. Place purifier on top of chalice, do not put inside chalice or wipe chalice out with purifier.
- Return to your seat.